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LONDON & SE REGIONAL COMMITTEE MEETING
Wednesday 5 March 2008
HINDE STREET CHURCH, W1

Present	Apologies
Stephanie (Islington)	Vicky
Victoria (treasurer)	Kay
Marietta (WTF person, GSR Enfield)	Paulette
Jane	Tracy (Norwood)
Frank (Clapham)	Cat (Camden)

1. Serenity Prayer & 12 Traditions

Meeting opened with 12 Traditions

2. Introductions & Apologies

Those present introduced themselves and apologies were noted.

3. Minutes of the previous meeting

Minutes of the Meeting in November were agreed.

4. Where to find

Discussion of how to find out more information about current meetings, and which need support.

Proposal for SELRC email address

Set up Coda Secretary gmail address

Proposal passed

Proposal is for Frank to ask the coda web site co-ordinator to:

A ask whether the web site can post the next meeting date so that everyone is encouraged to come.

B Message on the web site to ask each meeting to send an email into the LSE coda email address with a report on the meeting

C have a place for the minutes of past meetings and the agenda for the next meeting

5. SELRC Secretary

Marietta said she has been secretary for two years, and would like to step down.

Frank asked what the duties of secretary were.

Duties of secretary are:

A Taking and writing up the minutes of the meeting,

B sending out an email with the minutes to list of GSRs including web site coordinator,

C sending out email with agenda to GSR list, ask list of GSRs for report back about all the meetings they know about.

D monitor regional secretary email address

Frank volunteered to be secretary.

Proposal that Frank be secretary.

Proposal of Frank as secretary passed.

6. Meeting Reports

It was agreed to split out the meetings into those which we had reports for, and all the others, so that it was clear which meetings we did not have contact with.

Meetings which we have reports for:

Enfield

No GSR, but received report. Womens group doing well, regulars and new comers. Also doing a chair once a month, hard to get someone to come 8 Monday eve. Would like more

West Norwood

Steve GSR not present, Victoria gave report. Tracey said meeting going well.

Eastbourne (Jane not GSR)

Went last week, small group, 6 approx., secretary rotated, steady with new people, willing to host London and SE meeting in the summer.

Islington (Stephanie GSR)

Going well, 8 to 10 women.

Islington raised a donation in memory of Shirley, the collection was enough to buy two books.

Islington meeting made enquiries with public libraries to find out which ones nearby would put the big book on their shelves. Shirley's big book went to Swiss cottage public library. The two bought books went to Holburn and Camden public libraries. All three libraries were receptive to the donations and said the books would be available immediately to borrowers..

Camden (Stephanie)

Going well, Sat morning womens 15-18 women each week. Contacts are Chris and Madalyn

Chelsea (Frank) strong attendance.

Clapham (Frank GSR) strong attendance.
No other reports received.

7. AOB

Treasury

Jane asked whether we could send message to GSRs to ask for contributions. Paying in of funds either through GSR or other representative bringing cash or cheque to this meeting, Jane will phone the bank for change of address and additional signatory. Jane has brought cheque book and recent statement to hand over to Victoria.

The last stage of handover will be when Jane changes the address and the additional signatory.

Victoria reported that the last deposit was £339.83. Some other funds and receipts being handed over between June and Victoria.

This room hired for hour and a half.

Proposal for Phone around

Contacting the meetings who have not sent rep.

Proposal passed.

June will do ABC

Marietta will DEFG

Other meetings will be ignored for now.

National Steering Committee Minutes

Since he had been at meeting, Frank went through the NSC minutes which had been emailed to Marietta.

SELRC mtg had donated refreshments.

July Regional Meeting in Eastbourne

Jane said Eastbourne are willing to host London Regional meeting in Eastbourne, CODA social picnic on the beach, make it much more of a day and afternoon affair. People could bring food to share.

A) The meeting room is cheap but out of town. Looking for meeting room in town which is closer to the beach.

B) Needs to have a date for next meeting, Saturday in July. When date is firm, it will be circulated.

Proposal to have July Mtg in Eastbourne, combined with Coda Social. Proposal passed.

8. Date for next mtg

London is 6 or 7 May. Victoria to confirm date.

July mtg will be in Eastbourne. June to confirm date.

9. Seventh traditon

Rent is £18. Collection was £9.70. Balance paid out of retained funds.

10. Serenity Prayer

The meeting ended with the seventh tradition, and the serenity prayer.

Notes from previous Groups GSR Reports updated for this meeting

Barnes – Wednesday 13.15 – 14.45pm

Good meeting 4-6 people, self supporting, needs more people.

Bexleyheath – Wednesday 8 – 9.30pm

Brighton – Wednesday / Saturday

Saturday closed.

Camden (women's) – Saturday 10.45am – 12.15

Going well, all paid for and no change

Charlton (Woolwich) – Friday 7.45 – 9.30pm

Chelsea – Wednesday 6 – 7pm

Clapham – Saturday, (Frank GSR) 10.30am-12.00

Strong meeting with around 30 people, very busy, hosting AGM . Active and healthy.

Colchester – Tuesday, Jane 7.00 – 8.30pm

Covent Garden – Tuesday, 6.30-8pm

Crawley – Tuesday 7.30 – 8.30pm

Eastbourne – Thursday 8-9.30pm

Want to host L&SE regional, 6 people – very cosy
secretary rotated, steady with new people

Enfield – Monday 8-9.30pm

No GSR, but received report. Womens group doing well, regulars and new comers. Also doing a chair once a month, hard to get someone to come 8 Monday eve. Would like more chairs.

Numbers 12-15. A good meeting with good recovery, numbers are around 12-16 people. most service pos. filled. Need a secretary

Epsom – Tuesday 7.30 – 8.30pm

Farnborough – Tuesday 8 – 9.30pm

Guildford – Thursday 8.15 – 9.30pm

Hammersmith – Friday 6 – 7pm

A well attended meeting 8-15 people a couple of service positions to be filled.

Hampstead – Sunday 11am – 12.45

A good big, long meeting.

Islington – Wednesday 7pm – 8.15

Going strong, a few service positions available

Going well, 8 to 10 women.

Islington raised a donation in memory of Shirley, the collection was enough to buy two books.

Islington meeting made enquiries with public libraries to find out which ones nearby would put the big book on their shelves. Shirley's big book went to Swiss cottage public library. The two bought books went to Holburn and Camden public libraries. All three libraries were receptive to the donations and said the books would be available immediately to borrowers..

Kensington Pembroke –Sunday 4.30pm – 6pm

Closed looking for a new venue

Kent

Suspended

Kingston – Wednesday 8pm – 9.30

Knightsbridge – Monday 7.30 -9pm

Ladbroke Grove – Wednesday 7.15 – 8.45pm

Most service pos. filled needs GSR, around 4-10 people, varies.

Doing ok most service pos. filled.

Lowestoft – Thursday 11am – 12noon

Norwich – Friday 5.45 – 6.45pm

Down to 3 people and struggling, needs support

Ockham – Monday 10am – 11.

Richmond –

Sevenoaks – Friday 7.30 – 9pm

Slough – Monday 7.30 – 9pm

Thanet – Thursday 12noon – 1.30

Thayer Street –

Needs support

Victoria – Monday, Guy 7.30-9.00pm

Going well, around 25 men, needs GSR

Watford – (Wednesday)

Doing well all service positions filled.

West Norwood

Healthy, all service pos. filled, making rent up to 16 people

Windlesham – Thursday 8pm – 9.30.

Woodbridge, Suffolk 7.30 – 9pm

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